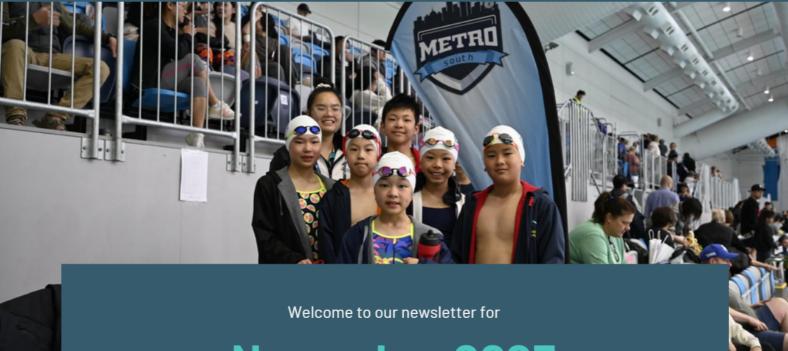
You Otter Know



November 2023

We're accepting new members

If you have friends or family that are:

- looking to make new friends
- · ready for competitve swimming
- want to smash their swim goals then they might be interested in joining our Otters family. We have a flyer available to share with your school, to include in their newsletter, or you can post it on your social media.

Please let them know they can book a free assessment on Wednesdays or Fridays with Coach Bridget. To enquire please call 0426 878 648 or email oasisotters@gmail.com

Coming up

2 December 2023

Mini meet

3 December 2023

MSC Splash Five LC Meet

16 - 20 December 2023

Victorian Age LC championships

Between the lanes: News from the Committee

As we rapidly approach the end of the year, November continued to be a jam-packed month with plenty of activities both in and out of the pool.

Bunnings Sausage Sizzle

On Tuesday 7 November, Oasis Otters hosted a sausage sizzle at Bunnings Keysborough.

It was a great success with plenty of sausages and drinks sold, raising well over \$1800 for the club. Money raised via fundraising activities such as sausage sizzles goes a long way to help cover the costs associated with running a fantastic swimming club like the Otters

We would like to thank everyone who volunteered to help out or donated to the club to help in covering the cost of runing the sizzle – it was really appreciated and a special thanks to Klara, Mark, Bernard, Leon, Brian and Paul who helped out at the stall.



Oasis Otters Christmas Party

On Sunday 26 November, the Otters held our Annual Xmas party at Melbourne Cable Park

This year our swimmers where able to participate in the park's high-rope adventure which had over 5 levels of climbing fun, followed by a BBQ lunch for both swimmers and parents.

A great time was had by all with many of the climbers reaching the top platform and being able to ring the bell.

This was a great opportunity for all swimmers and their families to relax, have a bit of fun and reflect upon all the success and good times the club has had during the year.

A big thankyou to everyone who helped out on the day and especially to Maureen, Lucky & Thu for organising the event





Nunawading LC Meet

It was a chilly Sunday morning for our Otters who competed at the Nunawading LC Meet on Sunday 12th November. We had representatives from all four squads who swam brilliantly, with nearly everyone achieving PBs.

Well done to Athan, Litahra, Punara, Daniel, Liam, Lucas, Dion, Henry, Keith, Isabelle, Rainn, Raven, Hannah, Fiona, Vanessa, Kiyara, Sanaya, Goum Kelvin, Julia, Zimo, Nethum, Brownyn and Sean.

Again, we had the best cheer squad in the stands with all swimmers encouraging their fellow teammates.

Big thanks from Coach Bridget to Ziao, Sean, Rainn, Gou & Keith for their help in recording and writing times during the morning session.



Swimmers Corner

Tips from the TOP:

- Make sure you bring extra layers, especially when you are competing outdoors. It is always better to be over prepared than underprepared!
- A small snack in between races can help you stay focused and give you a little boost of energy.
- Always listen and apply the feedback your coach gives you from your races take those steps to becoming the best swimmer you can be!

